



**“Children are a heritage from the Lord, offspring a reward from Him.”
Psalm 127:3**

Congratulations on Your Pregnancy!

Thank you for choosing Happy Stork Midwifery Service.

We are honored to be part of this special time in your life. Whether you are expecting your first baby or growing your family, we look forward to walking beside you throughout your pregnancy.

Pregnancy is a time of excitement, change, and many questions. Every pregnancy is unique, and every family has different hopes, concerns, and goals. Our role is to provide evidence-based information, answer your questions honestly, and support you as you make informed decisions throughout your pregnancy.

This guide was created to help you understand what to expect during pregnancy and prenatal care. It explains common tests, healthy habits, normal changes during pregnancy, and when to contact your provider. We hope it becomes a helpful resource that you return to throughout your pregnancy.

No guide can answer every question, and it should never replace conversations with your healthcare provider. We encourage you to ask questions, share your concerns, and let us know what matters most to you. We believe the best care happens when families and providers work together.

At Happy Stork Midwifery Service, our goal is simple:

Healthy mothers, healthy babies, and confident families.

Thank you for trusting us with one of life's greatest journeys. We look forward to caring for you and your growing family.

Our Philosophy of Care

We believe pregnancy and birth are normal life events for most healthy women. Our role is to carefully monitor the health of both mother and baby while supporting the natural process of pregnancy whenever it is safe to do so. We are committed to providing compassionate, respectful, and individualized care throughout your pregnancy.

We believe families make the best decisions when they receive clear, honest, evidence-based information. Rather than making decisions for you, we will help you understand your options, answer your questions, and support you as you choose the care that is right for you and your family.

